

February

2022

Subtitle

Relationships

The theme for this month is healthy relationships. Relationships come in all shapes and sizes; family, friends, and acquaintances.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Independent Living Skills 10:30am	3	4	5
6	7	8	9	10	11	12
13	14	15	16 Peer Support 10:00am	17	18	19
20	21	22	23	24	25	26
27	28					

March

2022

Estate Planning

The theme for this month is learning what information is important and the safest way to store it in the event of an emergency.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Independent Living Skills 10:00am	3	4	5
6	7	8	9	10	11	12
13	14	15	16 Peer Support 10:00am	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April

2022

Spring Cleaning

The theme this month is focused on our physical environment and the importance of cleanliness and organization.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 Independent Living Skills 10:00am	7	8	9
10	11	12	13	14	15	16
17	18	19	20 Peer Support 10:00am	21	22	23
24	25	26	27	28	29	30

May

2022

The Benefits of Laughter

This month's topic is a funny one. It is focused on the mental, as well of physical, effects of laughter.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Independent Living Skills 10:00am	5	6	7
8	9	10	11	12	13	14
15	16	17	18 Peer Support 10:00am	19	20	21
22	23	24	25	26	27	28
29	30	31				

